

Summer At The Mystic Valley YMCA

What to Plan For:

- Swimming on Tuesdays and Thursdays.
- Field trips (see below);
 - All other events will be in house or within walking distance of the Y.
 - Any waivers needed will be sent home at least two weeks prior.
- Breakfast, Lunch, and Snack Provided
 - Please view menus and send alternatives as needed.
 - **We are a Nut Free Program**

What to Bring:

- A water bottle
- A pair of sneakers
- Swimsuit, towel, bag to place wet clothes, and sandals for swim days
- Additional change of clothes for accidents or water activities
- Sunscreen (if needed but recommended)
- Breakfast, Lunch, and Snacks if you do not like what is on the menu (We are nut free)
 - We do not heat up home meals

Who to Contact:

Absences (need to communicated to program staff) or changes to application

Tracy O'Connor, toconnor@mv-ymca.org, 781-851-4450 ext-235

Billing

Family Engagement Specialist, Maddy Dreher, 781-324-7680 ext. 255 or 236, mdreher@mv-ymca.org

Program Questions

General Child Care line - 781-324-3774 or 781-324-7680 ext. 240

Site Director, Gio Dorvil 781-324-7680 ext. 213, giorvil@mv-ymca.org

Site Director, Matt Charles 781-324-7680 ext. 227, mcharles@mv-ymca.org

Weekly Themes:

Week 1: June 17th – June 21st
Welcome Summer - Get to know you
Character Development: Belonging

Week 2: June 24th – June 28th
Theme: Earth & Environment
Character Development: Citizenship

Week 3: July 1st – July 5th Theme:
Mystic Olympics CLOSED – July 4th
Character Development: Fairness

Week 4: July 8th - July 12th Theme:
Disney Character Development:
Responsibility

Week 5: July 15th – July 19th Theme:
STEAM Character Development:
Generosity

Week 6: July 22nd – July 26th
Theme: Diversity Week Character
Development: Respect

Week 7: July 29th – August 2nd
Theme: Adventure Week Character
Development: Trustworthiness

Week 8: August 5th – August 9th
Theme: Exploration Week Character
Development: Caring

Week 9: August 12th – August 16th
Theme: Pop Culture Week Character
Development: Role Model

Week 10: August 19th - August 23rd
Theme: We Got Talent (Talent Show)
Character Development: Teamwork

General Information:

- All staff are First Aid and CPR certified.
- All staff are 51-A Mandated Reporters.
- All camps are increasing their hand washing capabilities as well as the frequency of cleaning, sanitizing, and disinfecting of their facilities and equipment.
 - Always before and after breakfast, lunch, and snack.
- Hand sanitizer will be available throughout the entire program and for when hand washing is not possible.
- All required paperwork must be submitted before the camper's first day in attendance. Due to the increased check-in procedures, no paperwork can be accepted at drop-off.
- Physical and immunizations can be dropped off at 99 Dartmouth St. Malden, MA. All updated physical and immunizations must be submitted no later than the end of business the Wednesday prior to your child attending camp. If this is not provided, you will be contacted, and your child will be removed from the next session. This includes medication (in the original box with matching lot numbers/child's name and dosage written on bottle), Individual Health Care Plans (IHCP), and Action Plans.
- A parent/guardian or emergency contact must be able to get to the camp site within 30 minutes in the event that camper pickup is required (example: sickness or dangerous behavior).
- Class dojo will be used this Summer for updates and communication.
- Program will be closed 7/4/2024.
- Regulations and procedures are subject to change at any time.
- Although we provide breakfast, lunch, and snack we suggest for the first week you send your child with lunch. This allows the child a chance to sample the YMCA lunch options.
- Please apply sunscreen prior to program and send children with sunscreen to reapply.
- Children should attend everyday with sneakers on or packed to fully enjoy all that camp offers.
- Enrolment for the next week closes the Thursday before. For Example; you must be signed up Thursday (June 27th) to attend Monday (week of the July 1st) if spacing allows.
- All teams will have a dedicated gym time of 25 mins each day, opportunities to visit the park across the street Coytemore Lea, and or use the front lawn space.

Drop Off & Pick Up

- Drop off and pick up will operate out of the 125 Mountain Ave (Malden, MA 02148) YMCA entrance.
 - The entrance at the top of the hill
- Drop off is between the hours of 7:30am and 9:30am, unless you have reached out to a Program Director prior.

Group/Cohort Information:

- All cohorts in child care will be at a maximum of 26 campers.
 - Staffer to Child ratio 1:13 in building, 1:10 (planning for lower) outside of the building (includes the pool)
- Counselors will remain with their group for the entirety of each day and week of camp.
- The Summer Program will operate from 7:30am to 6pm Monday-Friday.
- Starting the last week of June (24th) groups will be swimming twice a week on Tuesdays and Thursdays.
 - Children need to wear water shoes or be barefoot (flip flops or crocs work) while at the pool, sneakers cannot be worn on the pool deck. Please send children with flip flops or crocs even if they are not swimming on Tuesdays and Thursdays if they are needed or want to be on the pool deck.

Swim Times

- Swim will not start until the last week of June (the 24th)
- Tue/Thu 2:15-3:15pm Swim time subject to change, as the number of kids is small and can join the Monday and Wednesday group.

Tuesday/Thursday	
<u>Time</u>	<u>Group/Location</u>
10:10-10:40am	5-6 Year Olds (Therapy Pool)
10:50-11:20am	Group X (Therapy Pool)
11:30-12:00pm	7-8 Year olds (Lap Pool)
1:00-2:00pm	9-10 Year olds (Lap Pool)
2:15-3:15pm	11+ Year olds (Lap Pool)

Summer 2024 Fieldtrips

Town Line - Tuesday June 25th, 2024

Yellow, Pink, and Bearcats (Camp 5-6 years old) – Trip time 1-2:30pm,
Returning 2:50-3pm

Metro Bowl - Wednesday June 26th, 2024

Red 1, Red 2, Group X, and Badgers (Camp 7-8 years old) – Trip Time 1-2pm,
Returning 2:50-3pm

SkyZone - Thursday, June 27th, 2024

Baystate, Blue, Carpet, and Eagles (Camp 9-10 years old) – Trip Time 1-2pm,
Returning 2:30-2:50pm

Jump On In - Tuesday July 9th, 2024

Yellow, Pink, and Bearcats (Camp 5-6 years old) – Trip Time 12:30-1:30pm
Returning 2-2:15pm

Golf Country – Wednesday July 10th, 2024

Red 1, Red 2, Group X, and Badgers (Camp 7-8 years old) – Trip Time 11am-
12:15pm, Returning 12:45-1pm

MVP Family Fun Center - Thursday July 11th, 2024

Baystate, Blue, Carpet, and Eagles (Camp 9-10 years old) – Trip Time 12:15-
1:15pm 1:45-2pm

Roller World - Thursday July 18th, 2024

4th Floor and Voyagers (11+ year olds) – Trip Time 12-1pm, Returning 1:30-
1:45pm

Roller World - Tuesday July 23rd, 2024

Baystate, Blue, Carpet, and Eagles (Camp 9-10 years old) – Trip Time 10-
11:30am, Returning 11:50am-12pm

SkyZone - Wednesday July 24th,

2024 Red 1, Red 2, Group X, and Badgers (Camp 7-8 years old) – Trip Time 1-2pm, Returning 2:20-2:30pm

Stone Zoo - Thursday July 25th, 2024

Yellow, Pink, and Bearcats – Trip Time 12:15-1:30pm, Returning 1:50-2pm

Dave and Buster's - Tuesday July 30th, 2024

4th Floor and Voyagers (11+ year olds) – Trip Time 11am-12:15pm, Returning 12:45-1pm

Lego Discovery Center Boston – Tuesday August 6th, 2024

Yellow, Pink, and Bearcats (Camp 5-6 years old) – Trip Time 12:30-1:45pm, Returning 2:05-2:15pm